



„ One day you finally knew what
you had to do, and began ...“
(Mary Oliver: The Journey)

The heART of Change

**A journey to reconnect,
unfold your gifts and explore your unique path**

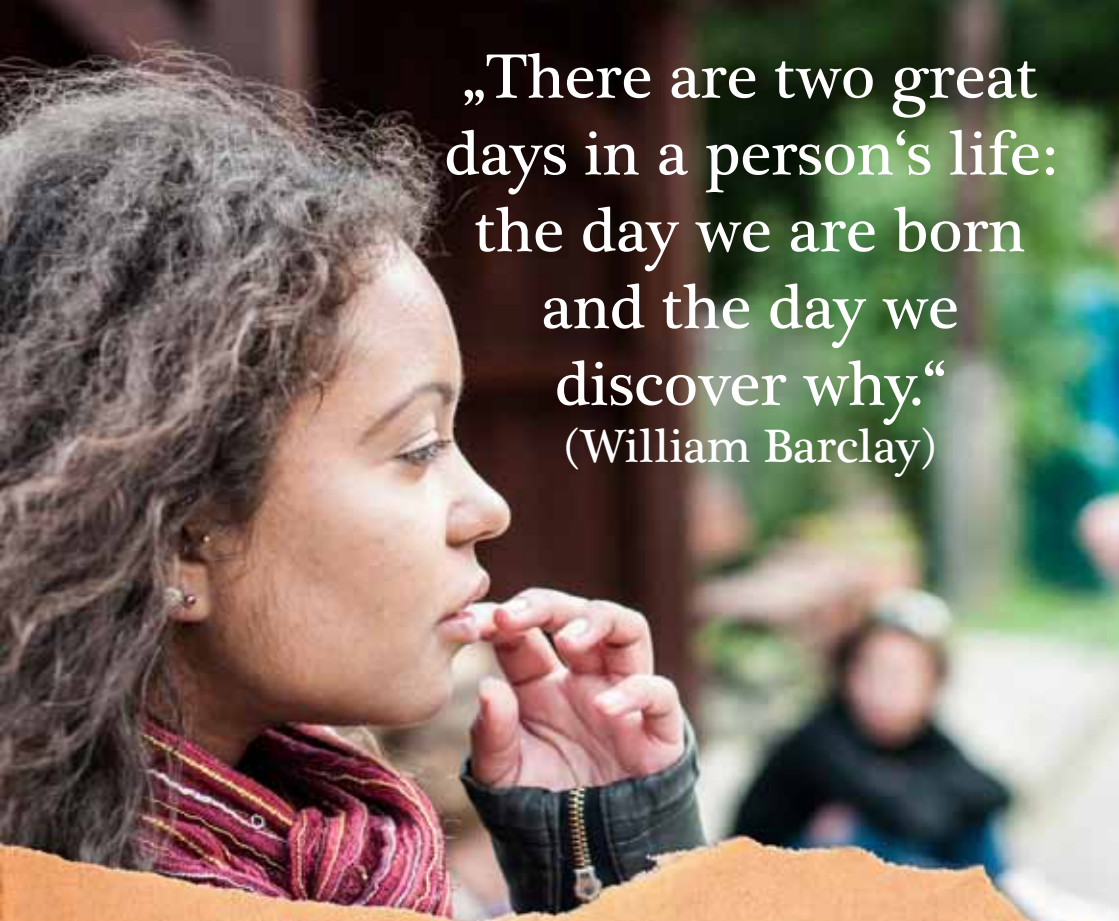
26th Sept- 2nd Oct 2015

Kisújbánya, Hungary

Again and again in our lives, we stand at a junction – questioning which path to take. How can we know where to go, which path enables us to **live a life which is enriching and sense-making** both for ourselves and for society? And if we know, how can we dare to step into the unknown - leaving the beaten path, which promises security and habit, but can't fulfill our longing?

While many young adults feel overwhelmed and lost alone with the questions who they are, what they want to do with their lives, and how they can **live a life of purpose**, global challenges are crying for young people's engagement. It is time to bring these spheres together.

This training course is based on the assumption that it does matter what we do, that **striving for personal fulfillment and contributing to a better world** are not two different spheres, but **are deeply connected** and interlinked. It's based on the assumption that all of us not only have certain precious gifts, longings and passions inside us, but that these are landmarks for finding and following our call, our purpose.



„There are two great days in a person's life: the day we are born and the day we discover why.“
(William Barclay)

This is a journey where **inner work is linked with outer actions**, acknowledging how deep these two spheres are deeply interlinked. Together we explore how we can find and follow our authentic vocation, and how much beauty and sense we can bring to society and our own lives by living our purpose.

If you feel something is moving inside you when reading these words, we invite you to a week-long international experience. This program is for young people **from Hungary, Germany, Italy and Austria between 18 and 30**, who are searching for alternative future perspectives for both themselves and society - based on their own path and authentic vocation. It is a unique initiative bringing together personal quest for a meaningful and authentic life with engagement for a more just and sustainable society. Join us if you are asking questions like:

How can I unfold my gifts and potentials?

What is my deepest calling and how can I follow it?

How can I take meaningful action in times of overwhelming global challenges?

What do I need to live a happy and meaningful life?


Which practical steps can I take to manifest my dreams?

Instead of offering ready-made answers, this program invites you on a journey of unfolding your own replies!

We will travel together on the magic carpet of stories, intensive times in nature and diverse individual and community-based processes. By bringing together people from many different countries and backgrounds, we create an inspiring environment, where personal quest comes together with the power of a diverse community. You will experience a wide range of activities such as vision quest work, the Way of Council, The Work That Reconnects, Dragon Dreaming, the Hero's Journey, artistic and creative exercises, coaching sessions as well as games, storytelling and outdoor adventures.

This program brings together personal growth with the awareness of burning local and global issues to find meaningful and constructive ways to address them in a grounded way.

This training course is realized within the framework of the 1,5-year-long proVO-CAting innovaTION strategic partnership project, with the support of the Erasmus+ Programme of the European Commission. To learn more about the project, visit our website: **www.provocatinginnovation.eu**



„One day you
finally knew
what you had to do,
and began,
though the voices
around you
kept shouting
their bad advice...“
(Mary Oliver)

Location:

Hidden in the forests of Mecsek and surrounded by a beautiful, protected natural area in Southern Hungary lies the tiny village of Kisújbánya. It used to be a traditional settlement with flourishing glass industry, self-built adobe houses and a high level of self-sufficiency.

Many of its inhabitants were of German origin. Like many other small villages, Kisújbánya almost disappeared during the socialist regime, due to the adverse rural policy of the party: the elementary school and the shops were closed down, there were no roads built to connect the village with the nearby bigger settlements. In the '70s many of the inhabitants have left, the

buildings were bought by people living in cities as holiday houses. At the moment there are a few pensioners living in the village, some families come to visit for the weekends and there is an active organisation willing to bring life, tourism and culture to Kisújbánya and to revive traditions. We have chosen this venue to discover the possibilities of such a place and to learn how it could provide opportunities and future perspectives to young people.



The host organisation:



Pandora Association is an NGO promoting deep ecology, voluntary simplicity and permaculture in Hungary and internationally. We stand for a holistic approach towards sustainability rooted in nature connection, community and personal well-being. We organise workshops, camps, events and international youth exchanges as well as training courses on topics of sustainable living, nature connection, organic food and participatory project design for different generations. Please, take a look at our website: <http://en.pandora.org.hu/>

Participate:

Four participants are eligible from each of the partner countries of our project, i.e. from **Hungary, Germany, Austria and Italy**. If you would like to apply, please, fill in the following application form **till the 2nd August**.

Please, **find the link to the application form on our website:**

<http://provocatinginnovation.weebly.com/whats-new>

The selection of participants will happen till **the 9th August**. Afterwards participants will receive more practical information about the venue of the training course, the travel directions and other logistic details. With questions, please contact us:

takefutureinyourhands@gmail.com

Costs and contribution:

The costs of food, accommodation, training and travel will be covered by the Erasmus+ Programme. However, to ensure the high quality and the sustainability of this project as well as the fair payment of the organisers, we ask participants to contribute **between 70 and 200 euros** depending on their personal situation and country of residence.

You can read more about the project and read the latest news on our website:

www.provocatinginnovation.eu



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